



MINICOL ON TOAST



Fancy a snack? miniCol tastes great on toast!

Ingredients:

4 thick slices of lightly toasted crusty wholegrain bread
130g sliced miniCol
1/2 teaspoon pepper, freshly ground black

Preparation:

1. For the miniCol on toast, preheat the grill to high.
2. Lightly toast the bread on each side then top with the slices of miniCol.
3. Return to the grill for 2-3 minutes or until the miniCol is melted and golden.
4. To serve, slice the toast diagonally and garnish with ground black pepper and a small side salad.

Serves: 2